

香港女童軍 百年童創新紀元國際大露營
營外活動簡介
Hong Kong Girl Guides Centenary International Camp
Introduction of Offsite Activities



D01 古。味。行 A Tasty Trail



簡介：

香港郊野在國際享負盛名。在 10-12 公里的山徑旅程中，除可感受大自然冬日之美，更有機會欣賞富有「香港千島湖」之稱的大欖涌水塘和著名的大棠紅葉。探索古道過後，大家還可品嚐香港傳統美食 — 盆菜！

活動對象：

有基本遠足經驗及愛好大自然之人士；盆菜不適合純素食者享用。

Introduction:

“A tasty trail” lets you enjoy a 10-12km leisurely walk through country parks in Hong Kong. You can appreciate the stunning views of Tai Lam Chung Reservoir along the trail. If you are lucky enough, you may have a chance to take photos with maple leaves. After the trail walk, you will try out a traditional delicious “Pen Cai” or “Big Bowl Feast”, a big feast you can’t miss!



Target group:

People who have hiking experiences and enjoy staying in the nature. “Pen Cai” is not suitable for vegetarians.

D02 堆出我星球 GG Got Talent !

簡介：

堆沙是一項看似簡單但卻要運用不同技巧、創意並講求合作性的活動。在專業人士的指導下，參加者將會把平平無奇的沙粒幻變成一座座獨特的主題創作。還可於香港的美麗海灣留倩影呢！

活動對象：

適合任何喜愛創作的人士。



Introduction:

Sand sculpture is not an easy activity that you expect. Sand sculpture is an activity that needs different techniques, creativity and teamwork. With the support from professionals, each of you can create your own unique and spectacular masterpiece. Last but not least, you will have time to take some beautiful photos with our stunning beach!

Target group:

People who enjoy creative arts.

D03 我要高飛 Flying High



簡介：

你有多大的膽量完成一個接一個的高空繩網挑戰呢？這個活動不單可激發你的潛能和能力感，更能增進你與其他營友的感情，創造回味無窮的共同回憶。

活動對象：

年滿 11 歲及最少身高 1.4 米，不適合畏高人士。

Introduction:

How brave are you? This high event challenge can develop your full potential and friendship with other campers, as well as sense of accomplishment.

Target group:

Age above 11 with height of 1.4m or above, and people who are not afraid of heights.



D04 HK 攻略 Flip Over H.K.

簡介：

香港的地標及傳統文化你又知幾多？配以適當的策略，你和隊友將可在 360 分鐘內極速玩轉香港！自問對香港瞭如指掌的你，更有機會獲得神秘禮物。

活動對象：

適合任何喜愛城市遊蹤的人士。



Introduction:

How well do you know Hong Kong? Through the excellent teamwork together with strategic planning, your teammates and you are going to explore the cultural landmarks around HK in 360 minutes. You may even get a special gift if you can complete the challenges!!

Target group:

People who enjoy exploring in the city.

D05 流星快車 Ride & Explore (10km)

簡介：

以單車代步漫遊南生圍，用另類方式帶你去探索新界西部的自然生態和傳統文化。短短 10 公里的旅程，將會讓你親身接觸「香港人的後花園」。

活動對象：

適合能獨自駕駛及操控兩輪單車之人士。活動開始前，導師將會評估各參加者的駕駛能力，以確保所選之旅程合適。



Introduction:

Exploring the western part of the New Territories by cycling will give you a brand new experience. Within the 10km riding, you will enjoy the splendid view of Nam Sang Wai - the wonderful backyard of Hong Kong, and get to know more about our traditions.

Target group:

Participants are required to complete a cycling technique assessment. Cycling coaches will arrange a suitable route based on participants' capabilities.

D06 流星戰車 Let's ride (15km)



簡介：

自問單車技術足以應付 15 公里路程的營友，驅車前往流浮山便是不二之選。穿梭昔日漁村，了解香港蠔業的興衰，感受郊遊樂之同時，生動的講解更可令你對香港發展有更深入的體會。

活動對象：

適合能獨自駕駛及操控兩輪單車之人士。活動開始前，導師將會評估各參加者的駕駛能力，以確保所選之旅程合適。

Introduction:

This riding tour is for those who are capable to do cycling for 15km. We will cycle pass some of the old fishing villages and oyster fields in the western part of the New Territories. Also our experienced cycling guides will introduce you the development of the fishing industry in Hong Kong. The impressive natural views and with story telling of Hong Kong history, this is a fantastic activity you can't miss.

Target group:

Participants are required to complete a cycling technique assessment. Cycling coaches will arrange a suitable route based on participants' capabilities.

